

SRI GURU TEGH BAHADUR INSTITUTE OF MANAGEMENT AND IT

9(f) WEBINAR

S.NO.	PARTICULARS	COURSE	DATE
1	Stress Management	BCA, BBA, B&I, B.COM	13-Aug-22
2	Entrepreneural mindset	BBA, B&I 5	17-Aug-22
3	How to prepare for successful Interview	BCA, BBA, B&I 5	15-Sep-22
4	Technology and innovation	BCA, BBA, B&I 3	20-Oct-22
5	Enhancing Public speaking skills	BBA B&I 1	15-Nov-22
6	Mental Health, Self care and well being	BBA B&I 5	19-Dec-22
7	Ignite your neurons	BBA, BCA, B&I	29-Dec-22
8	Life Skills	BCA, BBA, B&I, B.COM	18-Jan-23
9	Leadership and Management	BBA B&I 4	24-Jan-23
10	Diversity and Inclusion	BCA, BBA, B&I 4	23-Mar-23
11	Road to start-up and entrepreneurship	BBA	3-Apr-23
12	Timing and Synchronization	BBA, B&I, B.Com 2	20-Apr-23
13	World of Artificial Intelligence	BCA, BBA, B&I 2	18-May-23
14	The rise of Social Commerce	BCA, BBA, B&I 4	16-Jun-23

Navneet Kaur
Director

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1. Webinar on the topic "Stress Management"



SGTBIMIT organised the Webinar on "Stress Management" in association with Wish a smile NGO on August 13, 2022. The speakers for the day were Rajinder Singh Arora And Professor Kulvinder Singh.

Mr. Rajinder Singh Arora is the Founder and President of Wish A Smile. He is a prominent Supreme Court Advocate working in Corporate Laws and Taxation since 34 years and founder of Legal and Advisory company TaxFilingGuru. Apart from also being a social worker, he is a renowned international poet known by the alias "Dildar Dehvi" and has been honored with many national and international accolades such as International Sahitya Ratan Award, National Gaurav Award, International Sahitay Sadhak Award, Tilak Raj Sharma memorial International Award etc. for his contributions.

Prof. Kulvinder Singh is a motivational speaker, life coach, consultant, and a well known TV personality. He has been awarded social award by the ministry of HRD, Govt. of India, and has received over 200 awards from different organizations and NGOs.

He has been writing articles in major newspapers on various topics, and has also authored books on career and parenting. He has mentored in numerous counseling sessions on parenting; inter personal relations, career, life management and more.

Namrata Kaur
Director

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